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Broken Hill Health Alliance
Susanne Olsen
Georgina Browne
Podiatrist
342 Morgan St
PH: 8087 1477

Betina's @ The Hilltop Motel

Licensed Restaurant

ENTREES - OPTIONS INCLUDE:

- Stuffed Courgette(Zucchini) w Cherry tomatoes, Artichokes,peppers,pine nuts, Boccancini
- Fajitas - Beef or Chicken Served w Guacamole & coriander
- Stir Fry Prawns in Hoisin sauce w vegetable & Hokkien Noodles

MAINS:

- Spicy Chorizo & chicken Paella w tomato & saffron sauce
- Lamb Shanks on a bed of Creamy Mash
- Atlantic Salmon on a bed of Creamy lemon & Pea Risotto
- Confit of Duck w apple compote,Parisienne potatoes,Port & Red Currant Sauce

Children under 12 eat FREE with an accompanying adult! *Conditions apply

Monday to Saturday from 6pm

PHONE 8088 2999 Hilltop Motel, 271 Kaolin Street

S-QUE

Pizzeria

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Back then

In 2014, Council employees were weighing up their futures as feared job cuts came to fruition as part of a large-scale restructure.

Health staff celebrated

The Far West Local Health District has celebrated staff that have excelled in customer service and contributed to an exceptional level of health care.

The award winners were chosen from peer nominations and again this year, consumers were encouraged to nominate staff and teams for excellent service.

FWLHD Acting Chief Executive Ken Barnett presented awards to a number of employees in recognition of their exceptional service to the organisation and community:

Aboriginal Staff Excellence: Corina Kemp (Allied Health).

Early Career Excellence: Stephanie Harman (Administration and Support Staff) and Baily Stubing (Nursing).

Clinical Service Excellence: Mary Ann Stubbings (Nursing).

Customer Service Award: Dallas Seager (Administration and Support Staff).

Leadership Excellence Award: Annette Vartuli (Administration and Support Staff), Nicholas Minns (Nursing) and Tracy Herlihy (Allied Health).

Team Excellence: Redevelopment

Team: Melissa Welsh and Anthony Farquhar (Administration and Support Staff) and Medical Ward (Nursing).

Peer Recognition for Staff Excellence (Staff Rounding): Employee of the Year - Hannah Everuss.

Peer Recognition for Team Excellence (Staff Rounding): Team of the Year - District Properties.

Consumer Recognition for Staff Excellence: Robyn Franklin.

Consumer Recognition for Team Excellence: Maternity Unit.

Employee Recognition Awards for years of dedicated service were also presented to a number of employees from across the District. Long Service awards were also presented in the following groups:

Long Service Awards for 10 years of service:

Ashlee Ryan, Cathy Grose, Judith Meehan, Sharon Pittaway, Damien Thomas, Elise Pascoe, Helen Murphy, Amanda Morris, Vicki Armstrong, Branko Licul, Gretchen Buss, Jane Baker, Tanya Clifton, Angela Harvey, Erin O'Grady, Jacqueline Anderson, Kim Edward Hoskins, Madeleine Campisi, Shelley

Watt, Michele Hall, Peter Crombie, Loren Andrews, Janice Kelly and Leanne Giansiracusa.

Long Service Awards for 20 years of service:

Kelli Morris, Geraldine McGettigan, Darrin Quinn, Amanda Gilbee, Tracey Hansen, John Jackson, Joy Clarke, Karen Winter, Peter Sidaway, Stacey Evers, Pamela Burns, Karen Kennedy and Paul Kaye.

Long Service Awards for 30 years of service:

Susan Adams, Janet Daley, Brendan Sheahan, Kerrie Brown, Sheryl Brown, Robert King, Wendy Roberts, Jan Martin, Jennifer Blake, Diane Wilson, Susan Vaughan, Scott Carnie, Giaconda Hucks, Taryn Banks and Penelope Griffin.

Long Service Awards for 40 years of service:

Dawn Vivienne Williams.
The Far West LHD Employee Recognition Awards are presented for years of dedicated service to the organisation. The recipients were recognised with certificates of acknowledgment and a gift.

Podcaster wants some ripping yarns

By Myles Burt

NSW South Coast podcaster Andy Dowling is on the hunt for stories to tell on his audio series the "Self Starter".

The podcaster speaks to people from all walks of life about their efforts and successes in starting their own business or gaining self-employment.

Mr Dowling has already featured Broken Hill's Trevor Williams talking about his endeavours in creating ESTR Personal Training Studios.

Mr Dowling has his own connection to Broken Hill from playing in the metal band "Lord" with Tim Grose. The band was originally called Dungeon and founded in 1989.

"In Broken Hill there's a lot of connection there and I'm definitely passionate about anywhere regional because I think there's a lot of opportunity," he said.

"So I put the call out to a number of friends and people in Broken Hill, asking who's out there doing great things.

"Trevor was one of the first guest suggestions I had, so I reached out to Trevor and then it sort of went from there."

The Self Starter podcast began a year ago as Mr Dowling wanted to branch into a themed audio series on self-employment.

His other show, the Andy Social Podcast, has been running for three years and features a variety of content.

Mr Dowling said his interest in self-employment started due to the lack of jobs in the country.

"The hot topics all the time are in the media and talking to people around town it is about lack of opportunities, industries shutting down, unemployment, a real pessimistic point of view," he said.

"I didn't know a lot about self-employment, I didn't know what it took to be self-employed or to run my own business or anything like that."

"I created Self Starter to really hone in on providing value to other people



Andy Dowling from the Self Starter Podcast is looking for locals to share their stories about building their own business. PICTURE: Supplied

and letting people understand there's more than one way to live life."

Mr Dowling said that the traditional concepts of the workplace were being challenged with technology and the world being more interconnected online.

"If we really want to do something and we can create it ourselves, there's a number of different ways you can do so.

"The connectivity is now getting better, so we're not just restricted to

where we live; we can connect with anyone around the world."

"I think people have the mentality for generations that you have to move to the big smoke to get the opportunities, the employment, the money and the lifestyle that you want.

"It's not as critical anymore."

Anyone who would like to talk to Mr Dowling or nominate others can do so through his website: www.selfstarter.com.au